



AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H.K. Arts College,

Ashram Road, Ahmedabad-380009. Phone : (079) 26588775

Email : amagsbima@yahoo.co.in

Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

Strengthening Primary Care – Zonal Seminar on Dt. 23-08-2026



79th Independence Day Celebration on Dt. 15-08-2026



Dr. JIGNESH SHAH

President - AMA

Dr. MAULIK SHETH

Hon. Secretary - AMA

Imm. Past President - **Dr. DHIREN MEHTA**

“Beyond Scope of Scalpel and Stethoscope”

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Timing: 10 AM to 5 PM | Please do not come on follow-up visit on Tuesday & Friday.



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Ahmedabad Medical Association (Branch of Indian Medical Association)



Installation Ceremony



The Ahmedabad Medical Association
proudly announces the installation of

Dr. Kalpita Dave

as the President for the year 2026-27, along with the new
team of Office Bearers and Managing Committee Members.

**DATE:**

27th September 2026, Sunday

**TIME:**

10:00 AM Onwards

**VENUE:**

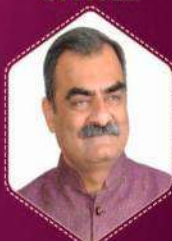
Dr. R.M. Fozdar Hall, AMA House, Ashram Road, Ahmedabad

CHIEF GUEST**Smt Rivaba Jadeja**

Minister of State, Primary,
Secondary and Adult Education,
Government Of Gujarat

GUEST OF HONOUR**Dr. Anil Nayak**

National President
Indian Medical Association (IMA HQ)
2025-26

**INSTALLATION
OFFICER****Dr. Mehul Shah**

Imm. Past President, IMA GSB

- Breakfast will start at 09:00 am
- Valet parking available

- The event will be followed by Lunch



80th Independence Day Celebration on Dt. 15-08-2026





Harmonizing Science And Spirituality Program on 09-08-2026





AMA Blood Donation Drive (1st to 7th July 2026)



Oncowell update 2.0





Strengthening Primary Care – Zonal Seminar on Dt. 23-08-2026





Strengthening Primary Care – Zonal Seminar on Dt. 23-08-2026





General Body Meeting on Dt. 9-9-2026



AMA Ladies Club Programme





AMA Ladies Club Programme





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- Ligaments & Sports injuries
- Joint preservation (HTO)
- Deformity correction and Ilizarov surgery



Dr Jigar Chhapan

MS Ortho (NHL, VS, Ab'd)
Fellowship (Sunshine (Hyderabad),
Oxford, Leeds (UK), Germany)

- **Hip & Knee Joint Replacement**
- Unicondylar Partial Knee Replacement
- Complex Primary & Revision cases
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- Fracture & Complex trauma cases



Dr Riddhi Chhapan

MS Ophthal (BJMC, Civil, Ab'd)
Fellowship (LVPEI, Hyderabad)

- **Paediatric Eye Care** – Refractive errors, Amblyopia, Ocular allergies
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- **Squint** – Medical/Surgical management of simple/complex squint in kids/adults
- Neuro-Ophthal & Glaucoma

Dr Bhupesh Chhapan
MS Ortho (NHL, VS, Ab'd)

Under the Leadership of

Dr Swati Chhapan
MS Ophthal (BJMC, Civil, Ab'd)



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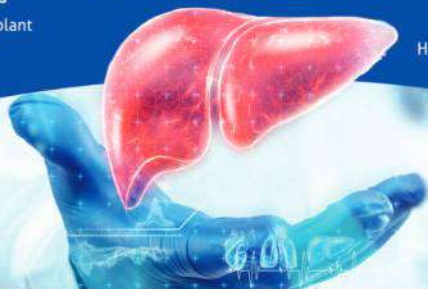
Senior Consultant & Head
HPB Surgery & Liver Transplantation

Dr. Nupur Pandya

Consultant – Liver Transplant
& HPB Anaesthesia

Dr. Prakash Chauhan

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M.S., D.N.B.
Neurosurgeon

Spine Surgery Team



Dr. Dhruv Patel
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Message From President Desk



Beyond the Scope of Scalpel & Stethoscope

Dear Members of the Ahmedabad Medical Association,

As I write my final message as President of the Ahmedabad Medical Association, I find myself pausing—not to count the programmes we conducted or the milestones we achieved, but to reflect on the journey, the people and the memories that made this year truly special.

When I took charge as President, I carried with me a simple thought: the life of a doctor must extend beyond the clinic, hospital, scalpel and stethoscope.

Our profession is about healing, but it is also about connecting.

Connecting with our community, our colleagues, our students, our families—and, perhaps most importantly, with ourselves.

That thought became the guiding spirit of my year:

“Beyond the Scope of Scalpel & Stethoscope.”

Over the past year, I have had the privilege of seeing this thought take shape in many different ways.

We reached out to the community through 102 simultaneous camps across Ahmedabad on World Diabetes Day. We took lifesaving CPR training beyond traditional medical institutions—to SVPI Airport, Nexus Mall, A.G. High School and L.J. College. We strengthened our academic engagement through numerous scientific programmes and our flagship AMA LIVEWELLCON, while continuing to encourage students and young doctors. The LIVEWELLCON programme itself reflected our desire to look beyond conventional medical practice and explore wellness, innovation, finance, entrepreneurship and the changing dimensions of a doctor's life.



We celebrated Doctors' Day differently this year. It became a week of service, fellowship and celebration—with blood donation, CPR initiatives, cultural and literary engagement, music and spiritual wellness. The idea was simple: behind every doctor is a human being who also needs friendship, happiness, inspiration and rejuvenation. The Doctors' Day programme brought together service and togetherness in that very spirit.

Some of my most cherished memories, however, were created away from professional settings.

Our AMA International Family Tour to Bali and the Dasada–Little Rann of Kutch family picnic gave members and their families the opportunity to step away from their busy schedules, relax, connect and simply enjoy being together.

Our sporting initiatives brought another dimension to fraternity. The AMA Premier League created tremendous enthusiasm and participation, while the introduction of the first-ever AMA Women's Premier League opened a new and inclusive chapter in our sporting journey. The AMA Premier League itself brought together more than 32 teams and reflected the spirit of teamwork, fitness and fellowship within our fraternity.

Cultural and fellowship programmes—from Raas Utsav and the Diwali Get Together to Yoga Shibir, NAAD and our various social and wellness initiatives—added warmth and colour to the AMA family.

Looking back, however, I believe the true achievement of a year cannot be measured merely by the number of programmes conducted.

It is measured by the connections we created.

By the lives we touched.

By the knowledge we shared.

By the friendships we strengthened.

And by the memories we created together.

I am deeply grateful to every member of AMA whose enthusiasm, participation and encouragement transformed ideas into reality.



My heartfelt gratitude goes to **our Past President, Dr. Pragnesh Vachharajani**, for his constant guidance, encouragement and support throughout the year. His experience and counsel were a great source of strength to me.

I also place on record my sincere **appreciation to our Honorary Secretary, Dr. Maulik Sheth**, whose commitment, cooperation and tireless efforts were integral to the functioning and success of the Association throughout the year.

I thank our entire Managing Committee, office bearers, conveners, coordinators and volunteers, as well as our faculty members, collaborators, sponsors and well-wishers. Every achievement of AMA is ultimately a collective achievement, and this year was no exception.

As I prepare to hand over the responsibility of this office, I extend my warmest **congratulations and very best wishes to our incoming President, Dr. Kalpita Dave, and her entire team.**

I am confident that she will lead AMA with vision, sensitivity and enthusiasm, and take forward the spirit of service, fellowship and excellence that has always defined our Association.

The President may change.

The team may change.

But the AMA family remains one.

I conclude this chapter with a heart full of gratitude.

It has been a privilege, an honour and, above all, a deeply fulfilling experience to serve as President of the Ahmedabad Medical Association.

I will always cherish the trust you placed in me, the support you extended to me, and the wonderful memories we created together.

As I step away from this office, I do not feel that I am leaving AMA.

I simply return to being a member of the family I had the privilege of serving.

With warm regards and heartfelt gratitude,

Jai AMA – Jai IMA

With warm regards,

Dr. Jignesh Shah
President, AMA
2025–26



Message From Hon. Secretary Desk



Dear Members,

FROM “BEYOND SCALPEL & STETHOSCOPE” TO “CELEBRATING OUR LEGACY, SHAPING TOMORROW”

When we started this year with the vision of “Beyond Scalpel & Stethoscope,” little did we know that the journey ahead would be nothing short of a roller coaster!

From the Installation Ceremony to the final days of the year, our aim was simple — to bring different flavours beyond academics, create meaningful experiences, and connect with the maximum number of our members.

Today, I am happy and proud to say that we received a tremendous response from our members, hospitals, media, sponsors, and collaborative partners. With every initiative, we tried our level best to take the Ahmedabad Medical Association to new heights and make AMA more vibrant, inclusive and connected.

I sincerely thank my Managing Committee and all our office bearers for their unconditional support, commitment and cooperation throughout the year. Whatever we achieved was possible because of the strength of this wonderful team.

A very special and heartfelt thanks to Dr. Jignesh Shah, our Vibrant President, Ahmedabad Medical Association, for placing his trust in me and supporting me throughout the year.

His enthusiastic leadership, clear vision and unique ability to connect with people, particularly through social media, have opened new pathways and inspired a new generation of young leadership.

As I now begin a new journey under the leadership of Dr. Kalpita Dave, in the historic 125th year of the Ahmedabad Medical Association, I sincerely hope that



we will continue to receive the same love, participation, encouragement and support from all our stakeholders.

Our journey does not end here.

From "Beyond Scalpel & Stethoscope," we move forward with a new spirit and a new vision:

"Celebrating Our Legacy, Shaping Tomorrow."

As AMA enters its 125th glorious year, let us celebrate the legacy built by our predecessors, strengthen the present, and together shape a healthier and brighter tomorrow.

Once again, my heartfelt thanks to each and every one of you for being a part of this incredible journey.

Jai AMA – Jai IMA

With warm regards,

Dr. Maulik Sheth
Hon. Secretary, AMA

I.M.A. NATIONAL SOCIAL SECURITY SCHEME

Office Phone : 079-26585430 Time : 2.00 to 6.30 pm

DFC 31 was circulated to all the members.

Last date of payment is Dt. 15-10-2026

Following members have not yet paid the same. Send the DFC amount with penalty.

Sr. No.	NSSS NO.	NAME OF MEMBER	CITY
1	15613	Dr. Dodiya Nishant Singh Nanji Bhai	Ahmedabad
2	15032	Dr. Joshi Vivek Piyushbhai	Ahmedabad
3	17191	Dr. Pandya Janki Munjal	Ahmedabad
4	17991	Dr. Patel Neel Vishnubhai	Ahmedabad
5	17990	Dr. Patel Vidhi Vishnubhai	Ahmedabad
6	19164	Dr. Raval Meet Sharadbhai	Ahmedabad
7	15484	Dr. Shah Balmukund Shashikantbhai	Ahmedabad
8	5194	Dr. Shah Chirag Vipinchandra	Ahmedabad
9	18922	Dr. Shah Parth Nalinkumar	Ahmedabad
10	17045	Dr. Shah Ruta Vaibhav	Ahmedabad
11	17038	Dr. Shah Vaibhav Sameer	Ahmedabad
12	15981	Dr. Soni Maulik Rameshkumar	Ahmedabad
13	19161	Dr. Trivedi Kinjal Dip	Ahmedabad
14	15473	Dr. Upadhyay Rajendra Mansukhlal	Ahmedabad

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Dr. Jitendra B. Patel
Chairman

Dr. Yogendra S. Modi
Hony. Secretary

**AHMEDABAD MEDICAL ASSOCIATION YEAR : 2025-2026****OFFICE BEARER****PRESIDENT****Dr. SHAH JIGNESH C.**

9327014487

VICE PRESIDENT**Dr. DAVE KALPITA MANISH**

9924558450

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9099111133

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BULLETIN COMMITTEE**Dr. Jignesh Shah****Dr. Maulik Sheth****Dr. Kalpita Dave****Dr. Naitik Patel****Dr. Nirali Patel****Dr. Aditya Desai****Dr. Sunil Patel****Dr. Rashi Jain****Dr. Riya Shah****Dr. Keyur Patel****Dr. Akash Patel****Dr. Punamchand Parmar**



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An initiative by Divine Diagnostic Hub

AHMEDABAD MEDICAL ASSOCIATION AND DIVINE BREAST CLINIC

PRESENTS

DRAPE IN PINK WALK FOR LIFE



A BREAST CANCER AWARENESS WALK



DATE :

4th October 2026



TIME :

07:00 am to
09:00 am



VENUE :

Sabarmati Riverfront,
Ahmedabad

WEAR PINK. WALK TOGETHER

ONE SAREE
ONE STEP
ONE LIFE SAVED

More Details will be publish soon

PRESIDENT

Dr. Jignesh Shah

PRESIDENT ELECT

Dr. Kalpita Dave

HON. SECRETARY

Dr. Maulik Sheth



*Ahmedabad Medical Association
Presents*



24th October 2026

● Rajpath Club, Ahmedabad

**Passes : Rs. 350/- Per Pass
(Including Dinner)**

An online link will be available and the distribution
centers will be declared soon..

Dr. Jignesh Shah ★
President, AMA

Dr. Kalpita Dave ★
President Elect 2026-2027, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

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AHMEDABAD MEDICAL ASSOCIATION



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FREE Mammography & Abdominal Sonography
for AMA lady doctors & female family members of doctors



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Lady Doctors – Coordinators

We invite lady doctors to come forward as Area / Centre Coordinators and help facilitate participation and awareness among doctors and their families.



Young Doctors & Medical Students – Volunteers

Be a part of the initiative as a volunteer and help with registration, coordination, participant guidance and on-ground support.

Scan QR Code
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REGISTER • PARTICIPATE • VOLUNTEER



Dr. Jignesh Shah
PRESIDENT

Dr. Kalpita Dave
PRESIDENT ELECT

Dr. Maulik Sheth
HON. SECRETARY



Strengthening Primary Care – Zonal Seminar

The College of General Practitioners (CGP), IMA Gujarat State Branch, in association with the Ahmedabad Medical Association (AMA) and supported by the Ahmedabad Family Physicians Association (AFPA), organised the Zonal Seminar “Strengthening Primary Care” on 23 August 2026 at AMA Hall, Ashram Road, Ahmedabad.

The programme received an overwhelming response, with around 150 doctors attending, including family physicians, general practitioners and physicians. The seminar provided a valuable platform for continuing medical education, professional interaction and exchange of practical clinical knowledge.

The scientific programme covered a wide range of topics relevant to primary care. Dr. Rashesh Pothiwala spoke on Latest Lipid Guidelines, while Dr. Urman Dhruv discussed Advanced Cardiac Markers & Age-wise Health Screening. The Banker’s Hospital session featured Dr. Shailee Banker on How Technology is Transforming Skin Care, Dr. Jwal Banker on Advances in IVF Treatment for Better Success, and Dr. Alka Banker on Fix Your Teeth for a Longer and Healthier Life. CGP_Scientific Programme.pdf

Further sessions included Dr. Ravi Shah on Obesity in Primary Care: A Practical Step-by-Step Approach, Dr. Janmesh Shah on Building a Connected Care Ecosystem, and Dr. Malhar Patel on the Role of Family Physician in Palliative Cancer Care. A finance session was conducted by UCO Bank. CGP_Scientific Programme.pdf

The programme was ably conducted with the support of MOCs Dr. Dhiren Mehta and Dr. Abhay Dixit, along with the moderators and chairpersons. Their valuable contribution helped make the scientific sessions interactive and engaging.

A lucky draw and attractive return gifts for registered delegates added to the enthusiasm and fellowship of the gathering.

The enthusiastic participation of nearly 150 doctors made Strengthening Primary Care a highly successful academic initiative and a fitting reflection of the collective commitment of the medical fraternity towards continuous learning and strengthening primary healthcare.

Webinar Report on H1N1 (Swine Flu) – Current Trends and Recent Updates

The Ahmedabad Medical Association organized an informative webinar on “H1N1 (Swine Flu): Current Trends and Recent Updates” on 2nd September at 9:30 PM, streamed live on the AMA YouTube Channel.

The session featured Dr. Parthiv Mehta as the expert speaker, who shared valuable insights into the current scenario of H1N1 infection, recent trends, clinical presentation, prevention, diagnosis, and appropriate management of the disease. The discussion also highlighted the importance of timely recognition of symptoms, preventive measures, and creating awareness among healthcare professionals and the general public.

The webinar provided an excellent opportunity for participants to update their knowledge regarding this important respiratory infection and understand the latest developments in its prevention and management.

The programme was efficiently coordinated by Dr. Nirali Patel and Dr. Jinen Pandya, under the leadership of Dr. Pragnesh Vachharajani, Dr. Jignesh Shah, President, and Dr. Maulik Sheth, Hon. Secretary, Ahmedabad Medical Association.

The session was well received and contributed significantly towards spreading awareness and enhancing understanding of H1N1 (Swine Flu) among viewers. Questions from the audience were satisfactorily answered and healthy discussion on the topic was done.



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AMA 2025–26

A YEAR OF SERVICE, LEARNING & TOGETHERNESS

The year 2025–26 was guided by the vision “Beyond the Scope of Scalpel & Stethoscope”—with an endeavour to make AMA a platform not only for professional excellence, but also for community service, learning, wellness, fellowship and family.

COMMUNITY & PUBLIC HEALTH

- World Diabetes Day – A City-wide Health Initiative
More than 100 health camps across Ahmedabad were organised for diabetes awareness, screening and community engagement.
- CPR Training & Emergency Response – Taking Lifesaving Skills Beyond Hospitals

A major focus was placed on making CPR awareness accessible beyond the medical fraternity. Training initiatives were conducted at:

- SVPI Airport – for airport ground staff, airline personnel and security teams
- Ahmedabad Nexus Mall – public CPR awareness initiative
- A.G. High School – introducing lifesaving skills to students
- L.J. College – CPR and emergency response training for young adults
- BLOOD DONATION WEEK – 12 CAMPS ACROSS AHMEDABAD

As part of Doctors' Day Week, AMA organised a city-wide Blood Donation initiative with 12 camps and more than 200 units of blood collected.

12 locations covered:

1. Kankaria Lake, Gate No. 1
2. Sumiran Women's Hospital
3. Abbott Healthcare Pvt. Ltd.
4. Atulya Superspeciality Hospital & ICU
5. Silver Touch Hospital, Prahlad Nagar
6. Tirth Clinic, Naranpura
7. Rajgor's Women & Multispeciality Hospital
8. Dr. Sandip N. Shah's Centre
9. Oncowell Cancer Hospital
10. Prarthana Multispeciality Hospital, Saijpur Bogha
11. Silver Touch Hospital, Nirnaynagar
12. Kankaria Lake, Gate No. 1 – second camp

“Every Drop Counts.”



RURAL & COMMUNITY OUTREACH

- Aao Gaon Chalen – Free Medical Camp at Aslali
- Health screening, medical consultation, awareness and medicine distribution
- Community health initiatives for underserved populations
- The Golden Voice – Celebration of Life After Cancer
- Doctors on Call initiative during Diwali
- World Environment Day – Healthy Environment, Healthy Humanity

These activities, together with the diabetes camps, CPR initiatives and blood donation programme, formed an important community-service pillar of AMA during the year.

ACADEMIC & PROFESSIONAL EXCELLENCE

The year saw a strong academic calendar with:

- | | |
|-------------------------|------------------------------|
| • AMA LIVEWELLCON 2026 | • LivUp 3.0 |
| • Stroke Free Ahmedabad | • HOCON |
| • Thyroid Update | • Cardio-Metabolic Symposium |
| • CME on Tuberculosis | • Robocon |
| • Gastro Edge 2.0 | • Oncowell Update 2.0 |
| • Swasthyacon | • Practice 2030 |

STUDENTS & YOUNG DOCTORS

- White Coat Ceremony
- International Women's Day programme
- UG NEET Admission Seminar
- Grand Revision Series in ENT, Ophthalmology & OBGY, Surgery and Medicine

NEW INITIATIVES

- RUPANTARAN – Confident & Caring Hospital Staff Training Programme
A unique initiative focusing on communication, confidence, workplace etiquette, patient counselling and team coordination. The programme received an excellent response and was subsequently expanded into further batches.
- Medical Tourism Conclave
A forward-looking initiative exploring Gujarat's potential as a global destination for healthcare and medical value travel.

SPORTS & WELLNESS

- AMA Premier League 2026
- First-ever AMA Women's Premier League
- IMA GSB Badminton Tournament
- AMA Yoga Shibir



- World Bicycle Day – Selfie with Bicycle
The AMA Premier League brought together 32+ teams, demonstrating the tremendous enthusiasm for sports and fellowship within the fraternity.

CULTURE, FELLOWSHIP & FAMILY

- Raas Utsav
- Diwali Get Together
- NAAD bhajan jamming
- Sahitya Ane Samaj
- Doctors' Day Musical Concert
- Spiritual Wellness Gathering
- Bhajan Jamming
- AMA International Family Tour – Bali
- Dasada–Little Rann of Kutch Family Picnic

These programmes reinforced the belief that a strong professional association must also create opportunities for friendship, family, happiness and togetherness.

SENIOR CITIZEN ACTIVITIES

The AMA Senior Citizen Club continued its programme of health, social interaction, entertainment and wellbeing through scientific sessions and movie shows, including Anand and Laalo – Krishna Sada Sahayate.

Dr. Jignesh Shah

President, AMA

Dr. Maulik Sheth

Hon. Secretary, AMA

WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13979	Lc	Dr. Patel Rohan Pravinbhai
13980	Lc	Dr. Patel Mudra Yogeshbhai
13981	L	Dr. Dave Mirant Bharat
13982	L	Dr. Manjit Mahedran
13983	L	Dr. Patel Ankitaben Rameshbhai
13984	L Transfer	Dr. Hirani Saurabhkumar Kanaiyalal
13985	L	Dr. Boral Sayan Sukhen
13986	L	Dr. Chauhan Fayazuraheman Mo. Yusuf
13987	Lc	Dr. Pandya Dhruv Bakulbhai
13988	Lc	Dr. Shah Dhara Dilipbhai
13989	Lc	Dr. Vyas Harsh Arunbhai
13990	Lc	Dr. Mehta Shachi Gaurav
13991	L	Dr. Doshi Ravi Bipinkumar
13992	L	Dr. Patel Sunny Ashwinkumar
13993	L	Dr. Shah Vacha Jayesh
13994	L	Dr. Patel Dhruv Maheshkumar

**HEALTH SCHEME; I.M.A. G.S.B.****Office Ph. : 079-26585430 Mob. 93135 70725 Time : 2.00 to 6.30 pm****AFAC 28 was circulated to all the members.****Last date of payment is Dt. 15-10-2026****Following members have not yet paid the same. Send the AFAC amount with penalty.**

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Dr. Dhiren R. Mehta, Hon.Secretary**Dr. Navnit K. Patel, Chairman**



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(Message From President & Secretary)

ડૉ. સુશીલા કેલા
પ્રમુખ

“સંગાથ આપણો સ્નેહનો યાદો અવિરત રહેશે,
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અમદાવાદ મેડિકલ એસોસિએશન (AMA) લેડીઝ ક્લબના વર્ષ ૨૦૨૫-૨૦૨૬ ના કાર્યકાળની પૂર્ણાહુતિ તરફ આગળ વધતાં, અમારાં હૃદય અપાર કૃતજ્ઞતા અને સંતોષની લાગણીથી છલકાઈ રહ્યાં છે. સ્નેહ, સેવા, સ્વાસ્થ્ય અને સંસ્કૃતિના સુંદર સંગમ સમાન આ આખું વર્ષ આપ સહુના સહિયારા સાથે અને સક્રિય સહયોગથી અત્યંત યાદગાર તથા ફળદાયી રહ્યું છે.

આ વર્ષ દરમિયાન આપણે અનેકવિધ સુંદર આયોજનો સાથે માણ્યા :

- **ઉત્સવ અને સાંસ્કૃતિક રંગો** : નવરાત્રી મહોત્સવ રાસ-ગરબા, દિવાળી સ્નેહ સંમેલન અને પારંપરિક લગ્ન ગીત પ્રસંગની મધુર રમઝટ.
- **સ્વાસ્થ્ય અને જીવનશૈલી સભાનતા** : CPR ટ્રેનિંગ, ૧૦ દિવસીય યોગ શિબિર, HOC પેદાંતના સહયોગથી કેન્સર અવેરનેસ, શું તમે ખરેખર મજામાં છો ? માનસિક સ્વાસ્થ્ય માર્ગદર્શન, KD હોસ્પિટલ સાથે હેલ્થ અવેરનેસ & અંતાક્ષરી, આયુર્વેદ - ડેન્ટલ સત્ર તેમજ ફેસ યોગ વર્કશોપ.
- **સેવા અને સંવેદના** : પોલિયો ફાઉન્ડેશન ખાતે બાળકો સાથે બાળ દિનની ઉજવણી, થેલેસેમિયા ગ્રસ્ત બાળકોની સહાય માટે ચેરિટી કાર્યક્રમ અને બાવળા ખાતે ‘આનંદધામ આશ્રમ’ ની મુલાકાત.
- **મનોરંજન અને જ્ઞાનવર્ધક સત્રો** : કડી પટેલ પરમાકલ્પર ફાર્મ ખાતે આહલાદક પીકનિક, અંજન સોની દ્વારા ‘ગોલ્ડ સેન્સ’, NJL ખાતે ‘ધ પર્લ અફેર’, ક્લાસિક ફિલ્મ ‘આનંદ’ તથા ‘જીંદગી વન્સ મોર’ અને ‘મિશ્રી’ મુવી શોઝ.
- **પ્રેરણાત્મક ઉજવણી** : આંતરરાષ્ટ્રીય મહિલા દિવસે કાજલ ઓઝા વૈધના પ્રેરણાદાયી વક્તવ્ય સાથે ‘નિડર નારી’ ની ભવ્ય ઉજવણી તેમજ ડૉ. કિન્નરી ગુપ્તા દ્વારા ‘એજલેસ લિવિંગ’ સેશન.

આ વર્ષની સર્વાંચલ ઉપલબ્ધિ રહી આપણી કલબ દ્વારા આયોજિત ભવ્ય ફૂલ-ડે કોન્ફરન્સ - “Mayflower AMA Ladies Club Conclave 2026”. ‘New Era of Women’ થીમ પર આધારિત આ કોન્ફલેવે નારી શક્તિ, સુખાકારી અને નેતૃત્વના એક નવા યુગનો પાયો નાંખ્યો અને સમગ્ર મેડિકલ જગતમાં વિશેષ પ્રશંસા મેળવી.

આ તમામ આયોજનો આપ સૌ સભ્યોના અખૂટ ઉત્સાહ, હાજરી અને સાથ-સહકાર વિના ક્યારેય શક્ય ન બન્યા હોત. અમારી સમગ્ર કાર્યકારી સમિતિ (Managing Committee) ના સમર્પિત હોદ્દેદારો, પૂર્વપ્રમુખો (Past Presidents) ના અનુભવી માર્ગદર્શન અને દરેક સભ્યના અતૂટ વિશ્વાસ બદલ અમે અંતઃકરણ પૂર્વક ઋણ સ્વીકારીએ છીએ.

ખાસ કરીને, પિતૃ સંસ્થા AMA ના માનવંતા પ્રેસિડેન્ટ ડૉ. જીગ્નેશ શાહ તથા ઓનરેરી સેક્રેટરી ડૉ. મૌલિક શેઠ નો અમે હૃદયપૂર્વક આભાર માનીએ છીએ, જેમના સતત પ્રોત્સાહન, સહયોગ અને માર્ગદર્શન અમારા દરેક કાર્યક્રમને નવી ઊંચાઈ આપી છે.

હોદ્દો ભલે અહીં પૂર્ણ થાય, પરંતુ આપણી વચ્ચે બંધાયેલી આ મૈત્રી અને સ્નેહની ગાંઠ હંમેશાં અકબંધ રહેશે. નવી આવનારી ટીમને અમારા તરફથી હાર્દિક શુભકામનાઓ. આપણી AMA લેડીઝ ક્લબ ઉત્તરોત્તર પ્રગતિ કરે તેવી અભ્યર્થના.

સ્નેહ અને આદર સહ,

ડૉ. સુશીલા કેલા (પ્રમુખ, ૨૦૨૫-૨૬)

અનસુયા લાડોલા (ઓનરેરી સેક્રેટરી, ૨૦૨૫-૨૬)

લેડીઝ ક્લબ-AMA

લેડીઝ ક્લબ-AMA



AMA લેડીઝ કલબ (વર્ષ ૨૦૨૫-૨૦૨૬)

પ્રમુખ ડૉ. સુશીલા કેલા અને સેક્રેટરી અનસુયા લાડોલાના માર્ગદર્શન અને

નેતૃત્વ હેઠળ યોજાયેલા કાર્યક્રમોની યાદી:

૧. કાર્યક્રમ નં. ૧ : પદગ્રહણ વિધિ (Installation Ceremony) તારીખ: ૨૬/૦૯/૨૦૨૫ - નવી કિમટીની પદગ્રહણ વિધિ અને નવરાત્રી પવની ઉજવણી સાથે વર્ષની શુભ શરૂઆત.
૨. કાર્યક્રમ નં. ૨ : નવરાત્રી મહોત્સવ તારીખ: ૨૬/૦૯/૨૦૨૫ - સભ્યો માટે ગરબા, પેઇન્ટિંગ હરીફાઈ અને સ્પાઈન્ટ ભોજન સાથેનો ઉત્સવ.
૩. કાર્યક્રમ નં. ૩ : શરદોત્સવ તારીખ: ૦૫/૧૦/૨૦૨૫ - પિતૃ સંસ્થા એ.એમ.એ. સાથે રાજપથ કલબ ખાતે રાસ-ગરબા અને ગરબા ડેકોરેશન હરીફાઈ.
૪. કાર્યક્રમ નં. ૪ : હેલ્થ ટોક & CPR ટ્રેનિંગ (Health Talk & CPR Training) તારીખ: ૧૧/૧૦/૨૦૨૫ - સભ્યો માટે જીવનરક્ષક CPR ટેકનિક અને આરોગ્ય વિષયક માગદર્શન સત્ર.
૫. કાર્યક્રમ નં. ૫ : દિવાળી સ્નેહ સંમેલન તારીખ: ૦૯/૧૧/૨૦૨૫ - પિતૃ સંસ્થા છસ્થ સાથે જુગિલેશન બેન્ડવેટ ખાતે નવા વર્ષનું સ્નેહ મિલન.
૬. કાર્યક્રમ નં. ૬ : બાળ દિન નિમત્તે કાર્યક્રમ તારીખ: ૧૮/૧૧/૨૦૨૫ - પોલયો ફાઉન્ડેશન જીવરાજપાર્ક ખાતે ખાસ બાળકો સાથે બાળકદિનની સંવેદનશીલ ઉજવણી.
૭. કાર્યક્રમ નં. ૭ : નવા વર્ષની ઉજવણી 'મિશ્રી મુવી શો' તારીખ: ૦૨/૧૧/૨૦૨૫ - એપલ મલ્ટિપ્લેક્સ ખાતે તમામ સખીઓ સાથે મળીને માણેલો મનોરંજક મુવી શો.
૮. કાર્યક્રમ નં. ૮ : ગોલ્ડ સેન્સ તારીખ: ૨૦/૧૧/૨૦૨૫ - અંજન સોની દ્વારા સોનાના દાગીનાની ખરીદી અને શુદ્ધતા અંગે ઉપયોગી માગદર્શન સત્ર.
૯. કાર્યક્રમ નં. ૯ : યોગ શિબિર તારીખ: ૦૧/૧૨/૨૦૨૫ થી ૧૦/૧૨/૨૦૨૫ - પિતૃ સંસ્થા AMA સાથે સવારે સ્વાસ્થ્ય સુખાકારી માટે ૧૦ દિવસીય યોગ શિબિર.
૧૦. કાર્યક્રમ નં. ૧૦ : લેડીઝ કલબ પીકનિક તારીખ: ૨૦/૧૨/૨૦૨૫ - પટેલ પરમાકલ્ચર ફામ, કડી ખાતે આખો દિવસ પ્રકૃતિના ખોળે મોજ-મસ્તી.
૧૧. કાર્યક્રમ નં. ૧૧ : લગ્ન ગીત પ્રસંગ તારીખ: ૧૦/૦૧/૨૦૨૬ - પરંપરાગત લગ્નગીતો, સંગીતમય વાતાવરણ અને સ્પાઈન્ટ ડિનર સાથેનો કાર્યક્રમ.
૧૨. કાર્યક્રમ નં. ૧૨ : કેન્સર અવેરનેસ તારીખ: ૨૪/૦૧/૨૦૨૬ - HOC વેદાંતના નિષ્ણાત તબીબો દ્વારા કેન્સર જાગૃતિ અને પ્રિસિપલ ઓકોલોજી અંગે સત્ર.
૧૩. કાર્યક્રમ નં. ૧૩ : મુવી શો - કલાસિક ફિલ્મ 'આનંદ' તારીખ: ૧૧/૦૧/૨૦૨૬ - આર. એમ. ફોજદાર હોલ ખાતે રાજેશ ખન્ના-અમિતાભ બચ્ચનની યાદગાર ફિલ્મ 'આનંદ'નું સ્ક્રીનિંગ.
૧૪. કાર્યક્રમ નં. ૧૪ : થેલેસેમિયા પીડત બાળકો માટે ચેરટી પ્રોગ્રામ તારીખ: ૨૦/૦૧/૨૦૨૬ - કિરણ ચુકગર શતાબ્દી ભવન ખાતે થેલેસેમિયા ગ્રસ્ત બાળકોની સહાય માટે ચેરિટી કાર્યક્રમ.
૧૫. કાર્યક્રમ નં. ૧૫ : એજલેસ લિવિંગ ફોર વિમેન (Ageless Living For Women) તારીખ: ૦૫/૦૨/૨૦૨૬ -ડૉ. કિન્નરી આર્થ. ગુપ્તા દ્વારા સબકોન્સિયસ માઇન્ડ રિસેટ અને લોન્ગેવિટી લાઇફસ્ટાઇલ સત્ર.
૧૬. કાર્યક્રમ નં. ૧૬ : ખાસ હેલ્થ ટોક ('શુ' તમે ખરેખર મજામાં છો?') તારીખ: ૨૬/૦૨/૨૦૨૬ - છૂંટણ, બ્રેસ્ટ કેન્સર અને માનસિક સ્વાસ્થ્ય અંગે તબીબો દ્વારા વિસ્તૃત માર્ગદર્શન.
૧૭. કાર્યક્રમ નં. ૧૭ : 'નિડર નારી-આંતરરાષ્ટ્રીય મહિલા દિવસ' ની ઉજવણી તારીખ: ૦૮/૦૩/૨૦૨૬ - જાણીતા વક્તા કાજલ ઓગ્રા પૈઘના પ્રેરણાદાયી વક્તવ્ય અને હાઉસી સાથે ભવ્ય ઉજવણી.
૧૮. કાર્યક્રમ નં. ૧૮ : આનંદ ધામ આશ્રમ મુલાકાત તારીખ: ૩૦/૦૩/૨૦૨૬ - અદરોડા (બાવળા) ખાતે બોદ્ધિક રીતે અક્ષમ વ્યક્તિઓને મળીને દૂંઢ આપવાની સેવાકીય મુલાકાત.
૧૯. કાર્યક્રમ નં. ૧૯ : ધ પર્લ અફેર (The Pearl Affair) તારીખ: ૧૮ અને ૨૦ એપ્રિલ ૨૦૨૬ - NJL હાઉસ ઓફ જવેલરી ખાતે મોતીના ઘરેણાંનું પ્રદર્શન અને નેટવર્કિંગ.



૨૦. કાર્યક્રમ નં. ૨૦: નિષ્ઠા આયુર્વેદ-Dr. Pragna Mehta અને યશ ડેન્ટલ ક્લિનિક-Dr. Manisha Mehta સમ તારીખ: ૦૨/૦૫/૨૦૨૬ - આયુર્વેદ ફોર વુમનહૂડ અને દાંતની આધુનિક સારવાર અંગે નિષ્ઠાત માગદર્શન.
૨૧. કાર્યક્રમ નં. ૨૧: મેફલાવર કોન્કલેવ ૨૦૨૬ (Mayflower Conclave) તારીખ: ૧૪/૦૬/૨૦૨૬ - 'New Era of Women' થીમ પર મહિલા સશક્તકરણ અને સર્વાંગી સુખાકારીનો ભવ્ય સમાગમ.
૨૨. કાર્યક્રમ નં. ૨૨: 'જુંદગી વન્સ મોર' મુવી સ્ક્રીનિંગ તારીખ: જુલાઈ ૨૦૨૬ - એ.બી. મલ્ટિપ્લેક્સ ખાતે ગુજરાતી ફિલ્મ 'જુંદગી વન્સ મોર' નું પ્રાઇવેટ હાઉસકુલ સ્ક્રીનિંગ.
૨૩. કાર્યક્રમ નં. ૨૩: KD હોસ્પિટલ અને AMA લેડીઝ ક્લબ હેલ્થ અવેરનેસ પ્રોગ્રામ તારીખ: ૦૪/૦૮/૨૦૨૬ - બ્રેસ્ટ કેન્સર અને ગાયનેક-ઓન્કોલોજી પર ડોક્ટર્સના વક્તવ્ય સાથે અંતાક્ષરી વિથ સિંગર ખુશ્બુ શાહ અને સ્વાદિષ્ટ ડિનર.
૨૪. કાર્યક્રમ નં. ૨૪: ફેસ યોગ વર્કશોપ (Face Yoga Workshop) તારીખ: ૨૫/૦૮/૨૦૨૬- જશના મહેતા દ્વારા ફેશિયલ મસલ્સ ટોનિંગ, નેચરલ ગ્લો સેશન, હાઉસી ગેમ અને હાઈ-ટી.

SOCIAL SECURITY SCHEME, G.S.B. I.M.A.

Office Phone : 079-26580690 Time : 2.30 to 6.00 pm

DFC 51 was circulated to all the members.

Last date of Payment is Date. 15-10-2026

Following members have not yet paid the same. Send the DFC amount with penalty.

Sr. No.	SSS NO.	NAME OF MEMBER	CITY
1	13850	Dr. Joshi Vivek Piyushbhai	Ahmedabad
2	13438	Dr. Kapadia Siddharth Ravindrabhai	Ahmedabad
3	10867	Dr. Kothari Mukul Ramesh	Ahmedabad
4	10851	Dr. Oza Ashokkumar Dahyabhai	Ahmedabad
5	14561	Dr. Pandya Janki Munjal	Ahmedabad
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Date of Birth : 22-07-1948

Date of Death : 10-08-2026

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.



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એ. એમ. એ. લેડીઝ ક્લબ આજે ૬૧માં વર્ષમાં પ્રવેશે છે. ત્યારે આગામી વર્ષ ૨૦૨૬-૨૭ ની નવી કમીટીની પદગ્રહણવિધિ માં આપણા સહુનાં હરખની હેલીએ માં નવદુર્ગાનાં આર્શીવાદ લઈને સૌ સાથે મળીને નવરાત્રી પર્વની ઉજવણી કરીએ.

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: મુખ્ય મહેમાન :

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M.D. T.R.S.M (London), H.R.F.H.H (London),
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શ્રી ડો. દિલીપભાઈ ગટવી

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Past president AMA 2021-22 & Past president Ahmedabad obst. & gynec. 2014-15.
Vice president AMA & Vice President IMA Gujarat state India. 2011-12 & 2023-24.

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તારીખ : ૧૭-૧૦-૨૦૨૬, શનિવાર

સમય : સાંજે ૫ થી ૭ કલાકે

સ્થળ : એ. એમ એ. પટાંગલ

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તા. ૨૪-૧૦-૨૦૨૬, શનિવાર | સમય : સાંજે ૭ કલાક થી | સ્થળ : રાજપથ કલબ, એસ.જી. હાઈવે.

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Pharmacovigilance in India: The PvPI — What Every Clinician Should Know

Medicines are indispensable tools for the prevention, diagnosis and management of disease, yet their use is like a double edged sword with some associated risks. Adverse drug reactions (ADRs), drug-drug interactions, toxicity and medication errors remain important, preventable causes of morbidity and healthcare costs worldwide. Rational, evidence-based prescribing therefore depends on a systematic, post-marketing safety-monitoring which can be missed during clinical trials. Pharmacovigilance thus captures signals in real life scenarios under uncontrolled conditions. (1,2)

From Clinical Trials to Real-World Evidence

Prior to market authorization, a drug proceeds through preclinical toxicology studies and successive phases of clinical trials assessing safety and efficacy, followed by regulatory approval from the Central Drugs Standard Control Organisation (CDSCO) in India. However, clinical trials enroll a comparatively small, often homogeneous population who are closely monitored over a limited duration. Due to strict controlled design of clinical trials the effect of drugs during real life situations like multiple comorbidities, polypharmacy, pregnancy, extremes of age, and organ dysfunction are not witnessed until used in post marketing phase. Consequently, uncommon, delayed-onset, or population-specific adverse effects frequently appear only after a drug enters widespread clinical use. Post-marketing surveillance where the systematic collection, assessment and interpretation of adverse event reports from real-world practice is essential to characterize the true risk-benefit profile of a medicine once it is used in heterogeneous patient populations. This scenario is encountered in day-to-day practice by clinicians. (1)

Pharmacovigilance

The World Health Organization defines an adverse drug reaction as a response to a drug that is noxious and unintended, and which occurs at doses normally used for prophylaxis, diagnosis or therapy of disease. Pharmacovigilance is the science and set of activities relating to the detection, assessment, understanding and prevention of ADRs or any other medicine-related problem.

The Pharmacovigilance Programme of India (PvPI)

The Pharmacovigilance Programme of India (PvPI) is the Government of India's National Programme to safeguard the health of Indian population by ensuring that the benefits of use of medicine outweighs the risks.

PVPI program was launched by the Ministry of Health and Family Welfare (MoHFW) in July 2010, initially coordinated by a National Coordination Centre (NCC) at AIIMS, New Delhi; in April 2011, shifted to the Indian Pharmacopoeia Commission (IPC), Ghaziabad. For effective implementation PvPL functions through a nationwide network of over 1,250 ADR Monitoring Centres (AMCs) established in medical colleges, district and tertiary-care hospitals and other healthcare institutions, supported by twelve Regional Training Centres (RTCs) that build reporting capacity among clinicians. AMCs collect suspected ADR reports from healthcare professionals and patients, which are then assessed, coded and analysed centrally for potential safety signals, subsequently communicated to CDSCO for regulatory consideration. (2,3)

PvPL works with the mission to safeguard the health of the Indian population by ensuring that the benefit of medicine usage outweighs the risks. Since there exists considerable social and economic consequences of adverse drug reactions and the positive benefit/cost ratio of implementing appropriate risk management - there is a need



to engage healthcare professionals and the public at large, in a well-structured programme to build synergies for monitoring adverse drug reactions in the country. The purpose of the PvPL is to collate data, analyze it and use the inferences to recommend informed regulatory interventions, besides communicating risks to healthcare professionals and the common public.

Scope and Objectives

- To create a nation-wide system for patient safety reporting
- To identify and analyse new signals from the reported cases
- To analyse the benefit - risk ratio of marketed medications
- To generate evidence based information on safety of medicines
- To support regulatory agencies in the decision-making process on use of medications
- To communicate the safety information on use of medicines to various stakeholders to minimise the risk
- To emerge as a national centre of excellence for pharmacovigilance activities
- To collaborate with other national centres for the exchange of information and data management
- To provide training and consultancy support to other national pharmacovigilance centres across globe
- To promote rational use of medicine(5)

Individual case reports, once aggregated in a national or global database, can generate a “signal”, defined by the WHO as information arising from one or more sources that suggests a new, potentially causal association (or a new aspect of a known association) between a drug and an adverse event, of sufficient likelihood to justify further verification. Signal evaluation can lead to regulatory actions ranging from label revisions and boxed warnings to restriction of use in specific populations or market withdrawal e.g. gatifloxacin, a fluoroquinolone withdrawn after post-marketing data linked it to clinically significant dysglycaemia and cisapride, a prokinetic agent for gastro-oesophageal reflux disease that was progressively restricted and eventually withdrawn after signals of QTc prolongation and fatal ventricular arrhythmias emerged. Both examples show the importance of the role of reporting by practicing clinicians and the role of regulators and manufacturers, for safe use of drugs.(1,3)

Healthcare professionals like physicians, dentists, nurses, pharmacists, physiotherapists and interns as well as patients and caregivers can report ADR(s).

The suspected ADRs can be reported by using the following tools:

- Completing the Suspected ADR Reporting Form (Version 1.4) and submitting it to the nearest AMC
- PvPL toll-free helpline No: 1800-180-3024
- e-mail to the NCC-PvPL: pvpi.ipc@gov.in
- ADR PvPL mobile application.

Patients and consumers may separately use the “Medicine Side Effect Reporting Form (Version 1)” available in total 10 vernacular languages including Gujarati, to report suspected adverse drug reactions directly to IPC.

For practicing clinicians— whether in tertiary teaching hospitals, district hospitals or private clinical practice — active participation in PvPL is both a professional responsibility as well as a direct contribution to national drug-safety data. Under reporting of ADRs remains a well-documented limitation of spontaneous reporting systems globally, and



India is no exception. Strengthening reporting culture among clinicians can help in improving the sensitivity of national signal detection. Clinicians associated with an AMC or not, are encouraged to report suspected reactions to IPC, ensuring that the patient population is adequately represented in the generated evidence that forms the basis of national regulatory decisions.(5)

Conclusion

The rational use of medicines depends on a continuous cycle of evidence generation that does not stop with regulatory approval. PvPL constitutes India's national infrastructure for post-marketing drug-safety surveillance, which translates individual clinical observations into population-level evidence capable of informing regulatory action. Every suspected adverse drug reaction reported by a clinician is a direct contribution to this system — and, ultimately, to safer prescribing and patient care.

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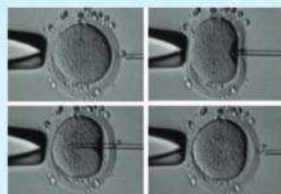
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